

Monday	Tuesday	Wednesday	Thursday	Friday	Cafeteria Information
5/1/23	5/2/23	5/3/23	5/4/23	5/5/23	Breakfast
Cereal or Cereal Bar, Mozz. Cheese Stick, Fruit Cup, 100% Fruit Juice Variety, Milk Variety	Biscuits & Gravy, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Maple Pancakes, Sausage Links, Sliced Pears, 100% Fruit Juice Variety, Milk Variety	Breakfast Combo Bar (Hashbrown, Ham & Cheese), Cherry Frudel, Sliced Pineapple, 100% Fruit Juice Variety, Milk Variety	Muffin Choice, Yogurt, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	Breakfast Choice of one Entrée Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick Choose One Side Assorted Fruits Choose One White or Chocolate Milk
5/8/23	5/9/23	5/10/23	5/11/23	5/12/23	Lunch
WG Cereal Variety, String Cheese, Fresh Orange, 100% Fruit Juice Variety, Milk Variety	Cinnamon French Toast w/ Syrup , Sausage Links, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	Scrambled Egg & Bacon Pizza, Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety	Egg Biscuit, Pineapple Chunks, 100% Fruit Juice Variety, Milk Variety	Ultimate Breakfast Round, Yogurt, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	RVH Lunch Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu. * GMS / GHS Lunch Choice of one Entrée Main Line - Select one Entrée from Featured Menu. Alt. Line - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crisпитos) Cold Deli Line - All items Offered Daily: Chef Salad Strawberry or Blueberry Yogurt Parfait Cubed Cheese, Grape & Cracker Cups Ham or Turkey Sandwich w/ Doritos * Choose up to Three Sides Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts * Choose One White or Chocolate Milk
5/15/23	5/16/23	5/17/23	5/18/23	5/19/23	
WG Cereal Variety, String Cheese, Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety	Sausage Biscuit, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Breakfast Tornado, Fresh Orange, 100% Fruit Juice Variety, Milk Variety	Pancake on a Stick, Applesauce, 100% Fruit Juice Variety, Milk Variety	French Toast Sticks w/ Syrup, Yogurt, Sliced Pears, 100% Fruit Juice Variety, Milk Variety	
5/22/23	5/23/23	5/24/23	5/25/23	5/26/23	
Breakfast Pizza, Tropical Fruit, 100% Fruit Juice Variety, Milk Variety	Blueberry Waffles w/ Syrup, Yogurt, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	Cereal or Cereal Bar, Mozz Cheese Stick, Fruit Cup, 100% Fruit Juice Variety, Milk Variety	Don't forget to fill out an application for free and reduced school lunches. Applications are available online at www.girard248.org	This institution is an equal opportunity provider.	
This Menu is Subject to Change Without Notice					